

## Independent Review Process in Wisconsin

This fact sheet provides general information on the [independent review](#) process in Wisconsin. If you have specific questions on how it may apply to your situation, please contact your [insurance](#) company or the Office of the Commissioner of Insurance (OCI).

### Requesting an Independent Review

#### What is an independent review?

An independent review is a process allowing an outside expert to provide a second look at your [claim](#). Because the reviewer is not affiliated with you or the insurer, the reviewer can conduct an independent and unbiased review of your claim.

#### What types of disputes can be decided through an independent review?

1. An independent review is available when your health plan denies [coverage](#) for treatment because it maintains the treatment is not medically necessary or is experimental. This includes denial of your request for out-of-network services when you believe the clinical expertise of the out-of-[network](#) provider is [medically necessary](#). The treatment must be a covered benefit under the insurance contract.
2. An independent review is available when your health plan denies you coverage for treatment based on a [preexisting condition exclusion](#).
3. You may request an independent review if the insurer rescinds your health insurance [policy](#) or certificate. Rescission means the insurer retroactively cancels your policy or modifies the terms of the policy because it claims that you did not answer the health questions on the insurance application completely and accurately.
4. If you and your insurer disagree about whether your dispute is eligible for independent review, you may request it be sent to an **Independent Review Organization (IRO)**. The IRO will decide if it has the authority to do the review.

#### What types of disputes are not eligible for independent review?

1. You **may not** request an independent review if the requested treatment is not a covered benefit. For example, if your policy specifically excludes coverage of weight loss treatments, your request to have the insurer cover your weight loss treatment would not be eligible for independent review, even if you believe the treatment is medically necessary.
2. If your dispute involves an administrative issue such as whether your [premium](#) was paid on time, it is not eligible for an independent review. However, you can ask the insurer to review your concerns through its internal [grievance](#) process.
3. If you have coverage through Medicare, Medicaid, or another federal plan, or if you are covered through your employer's self-funded plan, you are not eligible to request the independent review described in this publication. These plans generally have a different [appeal](#) process, which is explained in your member materials.

#### How do I request an independent review?

The insurer's final written decision on your grievance should include a notice explaining how to request an independent review. Send your written request for independent review to the address provided in the insurer's final written decision **within four months** of the date the grievance procedure was completed.

#### For more information or to file a complaint, visit our website or contact:

Office of the Commissioner of Insurance, 125 South Webster Street, P.O. Box 7873, Madison, WI 53707-7873  
p: 608-266-3585 | p: 1-800-236-8517 | f: 608-266-9935 | [ociinformation@wisconsin.gov](mailto:ociinformation@wisconsin.gov) | [oci.wi.gov](http://oci.wi.gov)

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Be sure to include:

- Your name, address, and phone number
- An explanation of why you believe the treatment should be covered
- Any additional information or documentation supporting your position
- If someone else is filing on your behalf, a statement signed by you authorizing the person to be your representative
- Any other information requested by your insurer

### What documents should I provide to the IRO?

You may provide the IRO with any information you think will support your case. This may include your medical records and test results, a letter from your physician, and research articles from peer-reviewed medical journals.

### Is there a cost?

There is no cost to you for requesting an independent review. Your health plan is required to pay the IRO's fees.

## Independent Review Timeline

### What if I need care now?

Generally, you must complete your health plan's internal grievance procedure before requesting an independent review. However, you do not need to complete this process if both you and the insurer agree to proceed directly to an independent review or if you need immediate medical care.

If you need immediate medical treatment and believe the time for resolving an internal grievance will jeopardize your life or health, you may ask to bypass the insurer's internal grievance process.

Send your request for an expedited independent review at the same time you send the insurer your expedited grievance request. The IRO's medical director or another medical professional will review your request and decide if an immediate review is needed. If so, it will review your dispute on an expedited basis.

If the IRO decides your health condition does not require its immediate review, it will notify you to first complete the internal grievance process.

### How long does the independent review process take?

Within **five business days**, the insurer must send to the IRO:

- all relevant medical records and other documentation used in making its decision
- all documentation you sent to support your request

The IRO then has **five business days** to request any additional information it may need from the insurer or you, and no more than **30 business days** to make its decision.

If the IRO determines this time could jeopardize your life or health, the insurer must send its documentation within one day and the IRO then has **two business days** to request any additional information. The IRO must notify you and the insurer of its decision no later than **72 hours** after receiving the review request.

### Who conducts the independent reviews?

The independent review process allows you to have your dispute reviewed by experts who have no connection to your health plan. The IRO assigns your dispute to a clinical peer reviewer who is an expert in the treatment of your

medical condition. The clinical peer reviewer is generally a board-certified physician or another appropriate medical professional.

In some cases, the IRO will also consult with an attorney or other insurance expert. The IRO has the authority to uphold or reverse the health plan's decision.

### **How does the IRO make its decision?**

The IRO must consider all the documentation and other information provided by you and the insurer, including medical or scientific evidence, the applicable insurance contract, and any legal bases.

It may reverse an insurer's denial based on an experimental treatment determination if it finds that the treatment is approved by the FDA when required, and when medically and scientifically accepted evidence shows that the treatment is proven safe and can be expected to produce greater benefits than the standard treatment without posing a greater adverse risk.

### **Does my health plan have to abide by the decision?**

Yes, the decision of the IRO is binding.

### **What if I have more questions?**

Your insurer's customer service department should be able to answer any questions you may have regarding the independent review process.

Additional information on the federal external review process may be found on the U.S. Department of Health and Human Services at The Center for Consumer Information & Insurance Oversight's website at [cms.gov/CCIIO/Programs-and-Initiatives/Consumer-Support-and-Information/External-Appeals](https://www.cms.gov/CCIIO/Programs-and-Initiatives/Consumer-Support-and-Information/External-Appeals).

For more information on the entire appeals process, see the Health Insurance Grievances and Complaints publication at [oci.wi.gov/Pages/Consumers/PI-217.aspx](https://oci.wi.gov/Pages/Consumers/PI-217.aspx).

If you have a specific complaint about your insurance, you should first attempt to resolve your concerns with your insurance agent or with the company involved in your dispute. If you do not get satisfactory answers from the agent or company, contact OCI. You can find a complaint form at [oci.wi.gov/complaints](https://oci.wi.gov/complaints).

### **OCI Contact Information**

[oci.wi.gov](https://oci.wi.gov)

[ocicomplaints@wisconsin.gov](mailto:ocicomplaints@wisconsin.gov)

(608) 266-0103 (in Madison) or 1-800-236-8517 (Statewide).

Deaf or hearing or speech impaired callers may reach OCI through WI TRS

Office of the Commissioner of Insurance

P.O. Box 7873

Madison, WI 53707-7873

Always include your name and phone number.

Independent Review Organizations Certified to Perform Independent Reviews in Wisconsin:

[oci.wi.gov/Pages/Consumers/IndependentReviewOrganizations.aspx](https://oci.wi.gov/Pages/Consumers/IndependentReviewOrganizations.aspx)

Further questions regarding IROs may be directed to: [ocihmo@wisconsin.gov](mailto:ocihmo@wisconsin.gov)